

Toronto City School District Annual Report on Compliance with Nutrition Standards

The Toronto City School District utilizes Pepple & Waggoner to assist in policy making and to ensure that the district follows state standards. The two policies that focus on nutritional standards adopted by the state and enforced by the district are 10.141 (School Wellness) and 10.14 (Food Sale Standards).

In order to comply with the standards, the district utilizes many different techniques and internal safeguards including the following.

- The district only purchases from vetted vendors who ensure that all products meet nutritional standards and that labeling of their products is clear and concise.
- The daily availability of Fresh Fruits and Veggies, that are sources as locally as possible, helps encourage students to make healthier decisions about their meals.
- All the recipes are dietician approved, and with the utilization of an online menu, all nutritional information is available for every meal.
- The district also strictly enforces the Smart Snack guidelines and ensures that any food or beverage served during the restricted times complies with those standards.
- The cafeteria also performs Nutrition Education in the district at minimum of 2 times per year and has many internal programs that are designed to help students make healthier choices and to introduce them to foods that may be out of their normal diet.
- The district also strictly enforces an approved HACCP plan and mandates that employees attend periodic training on the HACCP plan and on food safety in general. In addition to the food safety training, the employees must meet the USDA required minimum hours for professional development on a yearly basis.

Overall, the district has many programs and policies in place to ensure they are meeting the state standards and the district strives to not only meet but exceed those standards.