## Toronto City SD K—12 High School Breakfast Menu-November 18th—29th 2024

MENUS SUBJECT TO CHANGE

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Nutrition

Group

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
What Makes a Breakfast Meal? You must choose at least 3 of 4 components available for the	18 Sausage and Cheese Biscuits OR Warm Chocolate Chip Eggo Waffles Orange Craisins Choice of Milk	19 Breakfast Burrito OR Blended Fruit Smoothie Baumann's Orchard Apple Choice of Milk	20 Sausage/Egg on Toast OR Pop-Tart with Crackers Banana Choice of Milk	21 Tony's Breakfast Pizza OR Yogurt with Granola Sliced Strawberries Choice of Milk	22 Egg, Cheese, and Bacon on Bagel OR Chocolate Crescent Mandarin Oranges Choice of Milk
Alternate Menu Options May Include: Variety of Whole Grain Muffins Chocolate Chip Oatmeal Breakfast Bar Fortified Breakfast Pastries Warm Bagels Yogurt & Toast		Elementary Students also receive choice of assorted cold cereals and yogurt with graham crackers daily.	JR/SR High Students also receive choice of assorted cold cereals, yogurt with graham crackers, and whole grain grab and go items daily.		
Fruit & Yogurt Parfaits Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily. *Students must choose at least one fruit.	25 Chicken on a Biscuit OR Benefit Bars Baumann's Orchard Apple Choice of Milk	26 Toasted Bagels with Cream Cheese OR Fruity Yogurt Parfait Raisins Choice of Milk	27	28	29
Milk Choices Offered Daily: 1% white milk & nonfat white milk Lunch is FREE for ALL STUDENTS for the 24.25 SY!			Thanks	giving	Break