Toronto City SD ES and HS Lunch Menu-December 2024

MENUS SUBJECT TO CHANGE

Food Service Director: Tara L. Pickens, PhD Tara.Pickens@torontocityschools.com Dhonor 740 527 2442 avt 1127

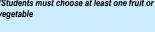
Nutrition

THIS INSTITUTION IS AN **EQUAL OPPORTUNITY PROVIDER**

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread. and Choice of Milk *Students must choose at least one fruit or





Fresh Fruits and Vegetables **Selections Could Include Daily**

*Vegetables

Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber

*Fruits Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce

ES Students:

Offered Daily; Assorted Cold Deli Sandwiches, Salads, and Fruit Parfaits

JR and HS Students:

Offered Daily; Burgers, Chicken Sandwiches. Cold Deli Sandwiches. Salads, and Fruit Parfaits offered Daily

Milk Choices Offered Daily: 1% white milk & nonfat white milk

Lunch is FREE for ALL STUDENTS for the 24.25 SY!

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac N Cheese with Hot Dogs OR BBQ Chicken Dunkers Mixed Vegetables Cinnamon Applesauce Choice of Milk	Corn Dog OR Chicken Nuggets Corn Diced Mixed Fruit Choice of Milk	5 Beef-y Nachos w Cheese OR Cheese-Filled Bread Sticks Steamed Green Peas Diced Pears Choice of Milk	Cheeseburger (ES) Hawaiian Burger (HS) OR Sausage Pizza Steamed Broccolii Raisins Choice of Milk
Italian Dunkers OR Sloppy Joe Sandwich Green Peppers Pineapple Tidbits Choice of Milk	Popcorn Chicken Bowl OR Ham and Cheese Stromboli Side Salad w Romaine Cinnamon Applesauce Choice of Milk	Meatballs w Pasta OR Soft Pretzel w Cheese Green Beans Candy Cane Applesauce Choice of Milk	Pepperoni Pinwheels OR Saucy Chicken Nuggets Tater Tots Diced Pears Choice of Milk
Taco Potato Bowl OR Cheesy Dip N Sticks Black Bean and Corn Salad Mandarin Oranges Choice of Milk	French Toast Sticks w Sausage OR Hot Ham n Cheese Broccoli Banana Choice of Milk *Special Treat: Who-Pudding*	Pierogi w Onions OR Chicken Patty Sandwich Cucumber w Ranch Pears Choice of Milk	20 HOLIDAY MEAL Sliced Honey-Glazed Har OR Cheeseburger Candied Yams Fruited Jello Choice of Milk
	3 Mac N Cheese with Hot Dogs OR BBQ Chicken Dunkers Mixed Vegetables Cinnamon Applesauce Choice of Milk 10 Italian Dunkers OR Sloppy Joe Sandwich Green Peppers Pineapple Tidbits Choice of Milk 17 Taco Potato Bowl OR Cheesy Dip N Sticks Black Bean and Corn Salad Mandarin Oranges	Mac N Cheese with Hot Dogs OR BBQ Chicken Dunkers Mixed Vegetables Cinnamon Applesauce Choice of Milk 10 Italian Dunkers OR Sloppy Joe Sandwich Green Peppers Pineapple Tidbits Choice of Milk 17 Taco Potato Bowl OR Cheesy Dip N Sticks Black Bean and Corn Salad Mandarin Oranges Choice of Milk 18 French Toast Sticks w Sausage OR Hot Ham n Cheese Broccoli Banana Choice of Milk	10



Holiday Break

Looking forward to serving you next year!