

# Toronto City School Grades K - 12

## Breakfast Menu Jan - Feb 2025

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| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|---|--|--|--|
| <b>January 6</b><br><br>SNOW DAY   | <b>7</b><br>(A) Chicken Biscuit<br>(B) Pop-Tart w Croakers +<br><br>Tropical Fruit<br>Choice of Milk    | <b>8</b><br>(A) Sausage Biscuit<br>(B) Blueberry Muffin Top<br><br>Banana<br>Choice of Milk                          | <b>9</b><br>(A) Omelet w Toast<br>(B) Benefit Bar<br><br>Fresh Apple<br>Choice of Milk                     | <b>10</b><br>(A) Sausage Sandwich<br>(B) Chocolate Chip Panoakes<br><br>Diced Peaches<br>Choice of Milk<br><br>**National Bittersweet<br>Chocolate Day** + |
| <b>13</b><br>(A) Sausage n Cheese Biscuit<br>(B) String Cheese w Croakers<br><br>Cinnamon Applesauce<br>Choice of Milk   | <b>14</b><br>(A) Tony's Breakfast Pizza<br>(B) Goody Ring Donut<br><br>Mixed Fruit<br>Choice of Milk    | <b>15</b><br>(A) Ham, Egg, n Cheese Muffin<br>(B) Hot Funnel Cake<br><br>Mandarin Oranges<br>Choice of Milk          | <b>16</b><br>(A) French Toast Strioks<br>(B) Pop-Tart w Croakers<br><br>Tater Tots<br>Choice of Milk       | <b>17</b><br>(A) Omelet w Toast<br>(B) Whole Grain Mini Loaf<br><br>Fresh Apple<br>Choice of Milk  |
| <b>20</b><br><br>NO SCHOOL<br><br>NO SCHOOL  | <b>21</b><br>(A) Hot Ham n Cheese dwich<br>(B) Yogurt w Graham Croakers<br><br>Banana<br>Choice of Milk | <b>22</b><br>(A) Sausage, Egg, n Cheese<br>(B) String Cheese w Croakers<br><br>Cinnamon Applesauce<br>Choice of Milk | <b>23</b><br>(A) Breakfast Burrito<br>(B) Frudel<br><br>Raisins<br>Choice of Milk                          | <b>24</b><br>(A) Panoakes<br>(B) Pop-Tart w Croakers<br><br>Fresh Apple Slices<br>Choice of Milk   |
| <b>27</b><br>(A) Sausage and Cheese Biscuit<br>(B) Whole Grain Cinnamon Roll<br><br>Mixed Fruit<br>Choice of Milk  | <b>28</b><br>(A) Bacon, Egg, n Cheese<br>(B) Goody Ring Donut<br><br>Tater Tots<br>Choice of Milk       | <b>29</b><br>(A) Omelet w Toast<br>(B) Whole Grain Mini Loaf<br><br>Banana<br>Choice of Milk                         | <b>30</b><br>(A) Sausage Biscuit<br>(B) Yogurt w Graham Croakers<br><br>Mandarin Oranges<br>Choice of Milk | <b>31</b><br>(A) Waffles<br>(B) Iced Donut<br><br>Blueberries<br>Choice of Milk  |
| <b>February 3</b><br>(A) Warm Cocoa Bar<br>(B) Fresh Fruit Smoothies<br><br>Fresh Apple Slices<br>Choice of Milk<br><br>2025 Smoothie Slurp!<br>@OhioFarm2School<br>#OhioSmoothieSlurp | <b>4</b><br>(A) Sausage, Egg, n Cheese<br>(B) Mini Bagel Grab n Go<br><br>Banana<br>Choice of Milk      | <b>5</b><br>(A) Egg, Bacon, Cheese<br>(B) Whole Grain Funnel Cake<br><br>Cinnamon Applesauce<br>Choice of Milk       | <b>6</b><br>(A) Hot Ham n Cheese<br>(B) Pop-Tart w Croakers<br><br>Tater Tots<br>Choice of Milk            | <b>7</b><br>(A) Chicken on a Biscuit<br>(B) String Cheese w Croakers<br><br>Fresh Apple<br>Choice of Milk  |

### What makes a meal?

You must choose at least 3 components for a reimbursable meal.

Choice of Meat or Meat Alternate/Grain  
Choice of Vegetable, Choice of Fruit  
Choice of Milk

\*Students must choose at least one fruit or vegetable

### Milk Options

1% Plain Milk, Strawberry Milk, Chocolate Milk

### Fruit & Veggie Options

\*May choose two 1/2 cup servings

Tater Tots

Crisp Apple | Sliced Peaches | Mixed Fruit  
Fresh Orange | Banana | Pineapple Tidbits  
Diced Pears | Applesauce

### Alternate Menu Options

Assorted Cold Cereals

Grab n Go Options (K12 only) Include:  
Whole Grain Bars  
Whole Grain Muffins  
Yogurt Cups  
String Cheese