

Toronto City School Grades preK Breakfast Menu Jan - Feb 2025

Director of Food & Nutrition
Tara L. Pickens
740.537.2442 ext 1137
tara.pickens@torontocityschools.com



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>January 6</p> <p>SNOW DAY</p>	<p>7</p> <p>(A) Chicken Biscuit (B) Pop-Tart w Croakers +</p> <p>Tropical Fruit Choice of Milk</p>	<p>8</p> <p>(A) Sausage Biscuit (B) Blueberry Muffin Top</p> <p>Banana Choice of Milk</p>	<p>9</p> <p>(A) Omelet w Toast (B) Benefit Bar</p> <p>Fresh Apple Choice of Milk</p>	<p>10</p> <p>(A) Sausage Sandwich (B) Chocolate Chip Pancakes</p> <p>Diced Peaches Choice of Milk</p> <p>"National Bittersweet Chocolate Day" +</p>
<p>13</p> <p>(A) Sausage n Cheese Biscuit (B) String Cheese w Croakers</p> <p>Cinnamon Applesauce Choice of Milk</p>	<p>14</p> <p>(A) Tony's Breakfast Pizza (B) Goody Ring Donut</p> <p>Mixed Fruit Choice of Milk</p>	<p>15</p> <p>(A) Ham, Egg, n Cheese Muffin (B) Hot Funnel Cake</p> <p>Mandarin Oranges Choice of Milk</p>	<p>16</p> <p>(A) French Toast Sticks (B) String Cheese w Croakers</p> <p>Tater Tots Choice of Milk</p>	<p>17</p> <p>(A) Omelet w Toast (B) Whole Grain Mini Loaf</p> <p>Fresh Apple Choice of Milk</p>
<p>20</p> <p>NO SCHOOL</p> <p>NO SCHOOL</p>	<p>21</p> <p>(A) Hot Ham n Cheese dwoh (B) Yogurt w Graham Croakers</p> <p>Banana Choice of Milk</p>	<p>22</p> <p>(A) Sausage, Egg, n Cheese (B) String Cheese w Croakers</p> <p>Cinnamon Applesauce Choice of Milk</p>	<p>23</p> <p>(A) Breakfast Burrito (B) Fruite!</p> <p>Raisins Choice of Milk</p>	<p>24</p> <p>(A) Pancakes (B) Pop-Tart w Croakers</p> <p>Fresh Apple Slices Choice of Milk</p>
<p>27</p> <p>(A) Sausage and Cheese Biscuit (B) Whole Grain Cinnamon Roll</p> <p>Mixed Fruit Choice of Milk</p>	<p>28</p> <p>(A) Bacon, Egg, n Cheese (B) Goody Ring Donut</p> <p>Tater Tots Choice of Milk</p>	<p>29</p> <p>(A) Omelet w Toast (B) Whole Grain Mini Loaf</p> <p>Banana Choice of Milk</p>	<p>30</p> <p>(A) Sausage Biscuit (B) Yogurt w Graham Croakers</p> <p>Mandarin Oranges Choice of Milk</p>	<p>31</p> <p>(A) Waffles (B) Iced Donut</p> <p>Blueberries Choice of Milk</p>
<p>February 3</p> <p>(A) Warm Cocoa Bar (B) Fresh Fruit Smoothies</p> <p>Fresh Apple Slices Choice of Milk</p> <p>2025 Smoothie Slurp! @OhioFam2School #OhioSmoothieSlurp</p>	<p>4</p> <p>(A) Sausage, Egg, n Cheese (B) Mini Bagel Grab n Go</p> <p>Banana Choice of Milk</p>	<p>5</p> <p>(A) Egg, Bacon, Cheese (B) Whole Grain Funnel Cake</p> <p>Cinnamon Applesauce Choice of Milk</p>	<p>6</p> <p>(A) Hot Ham n Cheese (B) Pop-Tart w Croakers</p> <p>Tater Tots Choice of Milk</p>	<p>7</p> <p>(A) Chicken on a Biscuit (B) String Cheese w Croakers</p> <p>Fresh Apple Choice of Milk</p>

What makes a meal?

You must choose at least 3 components for a reimbursable meal.

Choice of Meat or Meat Alternate/Grain
Choice of Vegetable, Choice of Fruit
Choice of Milk

*Students must choose at least one fruit or vegetable

Milk Options

1% Plain Milk, Strawberry Milk, Chocolate Milk

Fruit & Veggie Options

*May choose one 1/2 cup serving

Tater Tots

Crisp Apple | Diced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

Alternate Menu Options

Assorted Cold Cereals

Grab n Go Options (K12 only) include:
Whole Grain Bars
Whole Grain Muffins
Yogurt Cups
String Cheese